


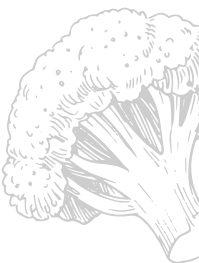





MAY SOUP MENU

ALL OF OUR CO-OP MADE SOUPS ARE MADE FROM SCRATCH USING OUR FROM-SCRATCH STOCK, FRESH ORGANIC OR ALL-NATURAL INGREDIENTS.

YOU'LL TASTE THE DIFFERENCE!

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- 01 CHICKEN TORTILLA | WF
 - 02 BEAN & BARLEY | V
 - 03 SPINACH COCONUT | V & WF
 - 04 CHEF'S CHOICE
 - 05 GOLDEN SPLIT PEA | V & WF
 - 06 INDIAN VEGETABLE | WF
 - 07 PUMPKIN MINESTRONE | V
 - 08 CHICKEN WILD RICE | WF
 - 09 BROCCOLI CHEDDAR CHEESE | WF
 - 10 SPINACH LENTIL | V
 - 11 CHEF'S CHOICE
 - 12 GINGER CHICKEN NOODLE
 - 13 CREAMY TOMATO PARMESAN | WF
 - 14 CHICKEN MULLIGATAWNY
 - 15 POTATO FLORENTINE | WF
 - 16 RED LENTIL & COCONUT CURRY | V & WF
 - 17 MUSHROOM MISO SOUP | V & WF
 - 18 CHEF'S CHOICE
 - 19 GINGER CHICKEN NOODLE
 - 20 SOUTHERN FRENCH VEGETABLE SOUP | V
 - 21 SPINACH COCONUT | V & WF
 - 22 CHICKEN WILD RICE | WF
 - 23 BROCCOLI CHEDDAR CHEESE | WF
 - 24 PERUVIAN QUINOA | V & WF
 - 25 CHEF'S CHOICE
 - 26 GINGER CHICKEN NOODLE
 - 27 POTATO FLORENTINE | WF
 - 28 GOLDEN SPLIT PEA | V & WF
 - 29 CHICKEN TORTILLA | WF
 - 30 BEAN & BARLEY | V
 - 31 SPINACH COCONUT | V & WF

MAMA'S VEGGIE CHILI SERVED DAILY

OUTPOST
NATURAL FOODS

WF = wheat free | V = vegan

Our soups are made in a facility that also processes milk, eggs, tree nuts, peanuts, corn & wheat. While we adhere to good safety & cleanliness practices that help to ensure ingredients do not cross-contaminate other items, we cannot guarantee it.